



Social Work: a human rights based approach

Katholische Stiftungshochschule München KSH



We offer you the opportunity to study with us in **English** for one semester – from **September 25, 2020 till January 22, 2021** gaining **30 ECTS**.

Social Work: a human rights based approach. You will study with KSH and international students from various European countries who have a shared interest in the human rights aspect of social work professions. You will meet lecturers with various professional backgrounds, such as social work, education, health, law, psychology, religious studies and social anthropology.

Munich is the city you will be living in during this period. It is the capital of Bavaria and is known as a beautiful and safe city. It has attracted international attention, because it is a lively urban centre with museums and concerts and is within easy reach of beautiful lakes and the Alps. During your stay the biggest beer festival, the famous Oktoberfest, will take place. December is known for its pre - Christmas atmosphere with various Christkindlmarkets. And not to forget the alpine skiing period starting around December.

6 Modules = 30 ECTS



Module 1 Social Work in Germany (5 ECTS and grade):		
Social Work in Germany: History, Structure and Concepts (S. Pankofer)	Tuesday 08:00 – 10:00	virtuell, if circumstances allow presence
Social Work in Germany: Service Provision across the Spectrum of Needs (A. Gavrilina)	Thursday 14:00 – 16:00	presence
Module 2 Refugees (5 ECTS and grade):		
Fortress Europe (A. Buck)	Wednesday 14:00 – 16:00	virtuell, if circumstances allow presence
Working with Traumatized Refugees and Asylum Seekers (A. Rossi / J. Caruana)	14.01. – 16.01.2021 (2 and ½ days)	virtuell, if circumstances allow presence
Module 3 Human Rights & Social Work (5 ECTS and grade):		
Social Work – a Human Right's Profession (A.Brandt Christensen)	Monday 18:00 – 20:00	virtuell
Social Work and Human Rights: Human Trafficking (M. Mildwater / A. Brandt Christensen)	10.12. – 12.12.2020 2 and ½ days	virtuell, if circumstances allow presence
Module 4 Health (5 ECTS and grade):		
Introduction to Global Health: Perspectives for Social Work (N. Schmidt)	Wednesday 16:00 – 18:00	virtuell, if circumstances allow presence
Ageing Society (J. Christensen)	Monday 10:00 - 12:00	virtuell, if circumstances allow presence
Module 5 Diversity (5 ECTS and grade):		
Race, Power & Privilege in Social Work: using creativity to explore the dynamics of difference (P. Hilgers / T. Patel)	Thursday 10:00 – 12:00	Virtuell
Intercultural Communication (V. Rolle-Green)	Monday 14:00 – 16:00	virtuell, if circumstances allow presence
Module 6 Social Practices (5 ECTS and grade):		
Social Innovation (J. Christensen)	Tuesday 10:00 – 12:00	virtuell, if circumstances allow presence
Creative Facilitation: Using Photography to Facilitate Workshops with Vulnerable Groups (P. Hilgers / T. Patel)	16.11. – 18.11.2020 2 and ½ days	Virtuell



Social Work in Germany: History, Structure and Concepts

Sabine Pankofer

Content: The course is especially designed for incoming students to provide them with the needed knowledge of the German social system and the Social Work profession in Germany with a focus on Bavaria. In the course students will be familiarized with the German welfare system and selected fields of social work such as “working with the handicapped” or “working with homeless people” will be highlighted. This course is complementing the seminar of A. Gavrilina and provides every week the fitting theoretical bases for the site visits.

Lecturer: The seminar leader is *Sabine Pankofer*, Professor of Psychology at KSH Munich since 1998, with a Master degree in Special Need Education, Psychology and Sociology and a PhD in Psychology. Since 2000 she works also as supervisor and is Head of the Mentorship programm to become a coach / supervisor.

Assessment: 2 written assignments

Social Work in Germany: Service Provision through the *Andrea Gavrilina* Spectrum of Needs

Content: This course is designed for KSH students who have done or will do their student placement outside of Germany and Erasmus incoming students studying at KSH for one semester in English. Through organized site visits, students in mixed groups (KSH / Erasmus) will learn how to present social service provision providers in Munich to fellow students, to exchange national and local perspectives as well as become familiar with social work across the spectrum of needs in Munich.

There will be site visits to institutions such as a centre for the Elderly, a drop-in centre at the main station offering first support, Munich city social service office, a Youth centre, a shelter for homeless people, an temporary accomodation centre for asylum seekers, a drop in centre for drug users, a hospice, as well as a community centre for handicapped people.

Lecturer: The seminar leader is *Andrea Gavrilina*, a visiting lecturer and Head of the International Office at KSH. She received her Master degree from Hamburg University in Social Anthropolgy with field work experience in the Republic of Armenia. Before joining KSH in 2008, she was working as Long Term Observer for the OSCE in the Republic of Armenia, the Republic of Georgia and the Russian Federation, as Community Services Officer for UNHCR in the Russian Federation as well as Quality Assurance Officer for the Refugee Council in London/UK.

Assessment: Organizing site visits and presentation on the spot.



Fortress Europe

Alexander Buck

Content: Since the 19th century, Europe is a destination for migrants and refugees and especially Germany located in the middle of Europe. The pictures of thousands of refugees arriving in Germany in summer 2015 being well perceived were broadcasted all over the world. But the situation in Europe and Germany has changed: the so called “Welcome Culture” shifted to a rather populist and nationalistic attitude. Right-wing parties all over Europe try to establish a “Fortress Europe” by introducing restrictive laws, playing negative propaganda against migrants and refugees using racist paroles triggering confusion and fear among people. This seminar is analyzing the recent development of the mixed migration flow and its impact on Europe and explores the crucial role of Social Work professions addressing the needs of migrants and refugees.

Lecturer: *Alexander Buck* is the Head of the “Frans van der Lugt Project”, a shelter for asylum seekers in Munich, run by the Jesuit Refugee Service (JRS) Germany. He studied Social Work at KSH and received his Master degree in philosophy from the Jesuit “Hochschule für Philosophie”. For more than 25 years, he is a lecturer at the KSH in the fields of Social Work, Media Literacy and Education, Philosophy and Migration.

Assessment: Presentation and written essays



Working with Traumatized Refugees and Asylum Seekers

*Alexia Rossi /
Julian Caruana*

Content: This course will allow students to re-visit the phenomenon of becoming a refugee through a presentation of the push factors in a number of countries of origin and of the treacherous journey forced migrants embark on in search of refuge. In light of the humanitarian crises the Mediterranean is recurrently facing, special attention will be dedicated to the Central Mediterranean route and to the harsh reception conditions asylum-seekers face upon arrival in Mediterranean countries such as Malta and Italy. This course will also introduce students to the construct of trauma and provide them with the opportunity to familiarise themselves with the root causes of traumatisation in the refugee experience and how traumatic exposure may impact these individuals' lives.

The second part of the course will involve the teaching of aptitudes and skills that would enable students to identify and respond effectively to traumatised refugees they may encounter in their work. In this regard, this course will cover several areas including the identification of signs of post-traumatic stress, appropriate referral to relevant services, acting within the limits of one's professional capacity as well as the management of the risk of harm in the case of traumatised individuals. Furthermore skills enabling the formation of a positive helping relationship and the provision of basic emotional support will also be discussed and practised. Ethical issues such as maintaining appropriate boundaries and upholding the client's confidentiality will also be taken in consideration.

Lecturer: *Dr. Alexia Rossi* graduated with a B.Psy (Hons) from the University of Malta, following which she obtained her Master's Degree in Human Rights and Democratisation from the same university and a Certificate in Global Mental Health, Trauma and Recovery from Harvard Medical School. She then graduated with a Doctorate in Counselling Psychology from London Metropolitan University, UK. She has worked in various fields including primary and secondary care and more specifically the fields of migrant mental health, paediatric oncology, substance abuse and child & adolescent mental health in both governmental and non-governmental settings both in Malta and the UK. Alexia is currently employed by the Jesuit Refugee Service, Malta, to offer psychological assessment and therapy to refugees and asylum seekers. She also the coordinator of several psychosocial projects within the organisation. Alexia is Senior Visiting Lecturer with the University of Malta and is involved in providing training and consultation both locally and overseas, in the field of trauma and migrant mental health.

Dr. Julian Caruana graduated with a Doctorate in Counselling Psychology from London Metropolitan University, UK and has worked in various fields including primary and secondary care, migrant mental health, paediatric oncology, substance abuse and child & adolescent mental health both in Malta and the UK. Julian is currently the Psychosocial Team Coordinator at the Jesuit Refugee Service, Malta and is responsible for the provision of a range of psychosocial support services to refugees and asylum seekers. Julian is a senior visiting lecturer with the Department of Psychology at the University of Malta and has experience of providing training and consultation both locally and overseas, in the field of trauma and migrant mental health.

Assessment: Active participation



Social Work – a Human Right's Profession

Anne Brandt-Christensen

Content: In this seminar, students will be familiarised with various UN and EU conventions such as the Convention of the of the Child (CRC), the CEDAW, The Geneva Refugee Convention and its Protocol, The European Convention on Human Rights and the Europe Convention on Action against Trafficking in Human Beings. Their relevance for Social Work professions will be explored and social work practices identified helping as well as ensuring people exercising their rights.

Lecturer: The seminar leader is *Anne Brandt Christensen*, B.A. and M.A. in Law (University of Copenhagen) Admitted to the Danish Bar, licensed to practice as Advocate. Anne has worked in the anti-trafficking field since 2007, including for the Danish Red Cross, and is recognized as an expert in the field nationally as well as internationally. Anne has met and listens to hundreds of trafficked men and women, provided direct support, legal assistance and lobbied for rights of trafficked people and awareness about the realities of trafficking at public and political level. Was awarded the European Crime Prevention Award in December 2014 for work through the non-profit anti-trafficking NGO HopeNow which she chaired for eight years. Was nominated in 2016 by the Danish government as an expert for GRETA under the Council of Europe. For a decade, Anne has been teaching young people from all over the world about trafficking in a global context, sharing her in-depth knowledge of trafficking and protection of human rights, both in theory and practice.

Assessment: Reflection paper / written essays



Social Work and Human Rights: Human Trafficking

Anne Brandt-Christensen
/ Michelle Mildwater

Content: Social work's mission is to enable all people to develop their full potential, enrich their lives, and prevent dysfunction. As such, social workers are change agents in society and in the lives of the individuals, families and communities they serve. Therefore is it fundamental for social workers to be familiar with international human rights declarations and conventions as common standards of achievement for the global community. This fall winter term we will especially look into HUMAN TRAFFICKING as an expanding field of mandate for social workers. Trafficking in persons is a serious crime and a grave violation of human rights. Every year, thousands of men, women and children fall into the hands of traffickers, in their own countries and abroad. Almost every country in the world is affected by trafficking, whether as a country of origin, transit or destination for victims. Trafficking often occurs from less developed countries to more developed countries, where people are rendered vulnerable to trafficking by virtue of poverty, conflict or other conditions. It is very difficult to assess the real size of human trafficking because the crime takes place underground, and is often not identified or misidentified. However, a conservative estimate puts the number of victims at any one time at 2.5 million. We also know that it affects every region of the world and generates tens of billions of dollars in profits for criminals each year. Lectures will be entirely held in English. International experts are invited to lecture and share their expertise. Students are expected to actively comment.

Lecturer: The seminar leader is *Anne Brandt Christensen* - see *page 6*.

Michelle Mildwater is director of the grass roots anti trafficking NGO HopeNow Copenhagen which she founded in 2007. She represents Denmark in Brussels twice a year at the EU civil society platform which combats Human trafficking, has a degree in teaching from London University and an eight training in different branches of psychotherapy including trauma therapy. HopeNow is one of four NGOs in Denmark with a mandate from the Danish Ministry of gender to find, establish, identify and provide services for trafficked people. With a focus mainly on West and East African trafficked persons, services have also been provided for South-American and Asian Victims of Trafficking. Supportive work was done with hundreds of trafficked women who were controlled and coerced by ju-ju by their traffickers, made vulnerable to trafficking due to accusations of witch craft against them in their country of origin. Since 2007, staff of HopeNow continued to learn by doing, putting practice into theory and theory into practice, endeavor to develop, innovative psycho social methods, which combine the use of cultural mediation and the active use of peer group workers in order to establish trust and empower clients, who often are suffering from multiple forms of trauma. A dynamic, non judgemental approach using narrative therapy and trauma therapy inspired by the work of Dr Peter Levine and Dr Diana Poole, with Michael White as the hall mark of approach.

Assessment: Active Participation



Introduction to Global Health: Perspectives for Social Work *Nicole Schmidt*

Content: This course provides an introduction to global health with a focus on women's health in low- and middle-income countries (LMIC). Students will get to know different projects where health care professionals work jointly with professionals from other disciplines (including social work, anthropology, economics etc.) to improve the health of women and children. Project examples include programs around cervical cancer screening in Cameroun, antenatal care in Madagascar or family AIDS education in Kenya or the Dominican Republic. During the course, a specific focus will be given to the role of social work in addressing social determinants of health. By the end of the course, the students are able to describe health disparities and outline key actors and organizations in global health including the role of international social work.

Lecturer: *Nicole Schmidt*, Professor of Medicine at KSH München, is an obstetrician and gynecologist from Germany, with a master's degree in public health from the Harvard School of Public Health. She worked in maternal and child projects in Kenya, the Dominican Republic and in Bolivia. She is particularly interested how to improve access to sexual and reproductive health services for women globally. Her current international projects are based in the Northern Region of Cameroun and in the Northern part of Madagascar.

Assessment: Small group presentation

Ageing Society

Jonas Christensen

Content: The course focuses on care_work, dementia, and welfare technologies related to welfare models, ageing theories and ethical issues. The course presents critical perspectives from social sciences and the humanities. Comparative Cases from selected countries will be used. The course aims to provide students with relevant and updated knowledge as well as to deepen the students' understanding of ageing societies and care for the elderly people in a globalized world to understand and to interpret principal societal challenges and opportunities related to ageing and potential vulnerability in old age; to apply basic methods for analysing societal challenges related to ageing populations and to understand interdisciplinary theoretical perspectives on aging and to reflect on these. The teaching is conducted in the form of lectures, seminars, group discussions, workshops and supervision.

Lecturer: The seminar leader is *Jonas Christensen*, Professor of Social Work esp. Organization at Malmö University with a Ph.D. in Education from Lund University/Sweden. In fall term 20210/21, he is a visiting scholar at KSH München. His main fields of expertise are Social sciences and Educational science; profession, organizational learning, internationalization in higher education, transnational learning and collaboration as well as social welfare esp ageing.

Assessment: Written essays and self-evaluation



Race, Power & Privilege in Social Work: using creativity to explore the dynamics of difference

*Petra Hilgers /
Trupti Patel*

Content: This seminar will support participants on a personal journey, using creativity, dialogue and reflection to explore my own social conditioning, recognise where it creates barriers for connection, explore ways to deepen my understanding of others in order to create more meaningful relationships in my work.

By the end of the seminar we will have (a) deepened empathy for myself and others in dealing with the difficulties inherent in connecting across difference, (b) acknowledged the role we play in upholding systemic oppression, (c) developed greater sensitivity to barriers others experience due to systemic and historic power imbalances, (e) deepened our awareness of our own privileges and how they shape our lives, and (f) developed more confidence in addressing power imbalances in social work.

This seminar is interactive with space to reflect, learn and connect; it involves personal sharing to enable personal development and we expect students to be willing to engage with subjects that might be uncomfortable and be mindful of personal triggers. We will work with creative approaches including photography, drawing, body work, image based work and writing; we will also use discussion, group work and games to develop learning. We will draw on contemporary and historic research with recommended readings, videos and talks online. We will invite students to keep a journal for their own insights, thoughts and reflections.

Lecturer: *Petra Hilgers* is a creative development practitioner with over 15 years of experience in the fields of community development, team & organisational change and personal development. Petra believes people have the power to make changes that are positive for them and is particularly interested in developing deep:black's work on understanding anger and shame. Originally from Germany, Petra has developed her skills in group facilitation, peace building, non-violent communication, the arts, mediation and conflict coaching working in countries and communities all over the world including Bosnia, South Africa, Uganda, Darfur/Sudan, Afghanistan and for the past 13 years in London. As well as running deep:black Petra currently works part-time with mental health charity YoungMinds as participation quality lead, and freelances for Leap Confronting Conflict and Diversity Role Models.

Trupti Magecha is an established photographer working on commissions and on participatory projects that enable exploring photography as a tool for self expression. Trupti has worked on PhotoVoice participatory photography projects and supported non-artists in creating photography portfolios and exhibitions. She is passionate about working enabling stories to be shared visually and has experience working sensitively to the needs of vulnerable groups. As an established film maker Trupti has made documentaries for the BBC and Channel Four including the BAFTA award winning series 'The Tower' based on the regeneration of a London council estate and the award winning series Secret Millionaire. Other issues she's covered include immigration, internet child pornography and race relations. Alongside deep:black, Trupti runs her own photography business Kush Digital.

Assessment: Written essays and self-evaluation



Intercultural Communication

Veronika Rolle-Green

Content: This course is aiming at KSH students going abroad for one semester as well as at Erasmus incomings, studying at KSH. The course offers students ample opportunity to actively develop their personal intercultural competences as well as develop their understanding of its relevance for their future professional path. A highly interactive mix of small group work, role-plays, personal reflection, simulations and expert input will ensure intensive learning.

Topics covered will include:

Culture shock and strategies to overcome challenges when integrating into a new cultural environment, awareness & perception as keys for intercultural understanding personal cultural influences: looking at personal life journeys and cultural influences, learning styles across cultures: understanding different expectations towards authority and knowledge transfer, effective intercultural communication and conflict resolution in an intercultural context.

Lecturer: *Veronika Rolle-Green*, of German origin, lived for years in China and France, her life spans 5 decades. There are two main threads in her life journey: one is her inspiration from Asian thinking, the other is her desire to facilitate dialog. Both started in her teenage years.

What had begun as a childhood interest in oriental culture, history and philosophy, led to a first essay on the I Ching at the age of 19 and finally a Masters degree in Chinese Studies and Western History (1994, LMU Munich, Germany). These studies and years of life and work in China and extensive travels in Asia have become foundational to her professional activity. While working in Taiwan as an assistant to the Director of a logistics company in 1988, she handled all communication with the West and untangled misunderstandings in commercial relations, when she began to see the impact of global business on people. She later worked as interpreter for the German press department welcoming Chinese journalists. She still enjoys working regularly in Asia, where she delivers consultancy interventions and keeps herself up to date with the rapid economic and social changes.

Looking for ways to truly support the people she worked with, the work of Martin Buber and the notion of dialog as prerequisite for true encounter became central to her approach. Early in her consulting career she completed several long-term training programs in social psychology, namely group dynamics and human interaction (DAGG / Germany and NTL / USA) (1996-2000). Later followed by a two-year training program as a Dialogue Process Facilitator (M.I.T. Boston & Adolf-Reichwein-Gesellschaft) (2001-2002). She also certified in MBTI (Kroeger Ass., Fairfax Virginia USA, 2002) and Roger's client-centered approach (Strathclyde Univ., Glasgow U.K., 2003).

Assessment: Portfolio presentation and reflection paper



Social Innovation

Jonas Christensen

Content: The course contains three specific themes: a) idea generation and creative processes and challenge based learning; b) social innovation in the welfare sector based on various activities and organizational forms; and c) emphasizing of terminology, concept formation and action strategies in social innovation.

After completing the course, the student should be able to:

1. identify and account for examples of social innovation in the welfare sector;
2. formulate and communicate own ideas and change work in the welfare sector;
3. give an account of the role of the Social profession based on theories of social innovation
4. analyze the relationship between individual and organizational development.

Teaching is conducted in form of lectures, seminars, group discussions, workshops and supervision

Lecturer: The seminar leader is *Jonas Christensen*, see *page 8*.

Assessment: Written essays and self-evaluation

Creative Facilitation: Using Photography to Facilitate Workshops with Vulnerable Groups

*Petra Hilgers /
Trupti Patel*

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4. analyze the relationship between individual and organizational development.

Teaching is conducted in form of lectures, seminars, group discussions, workshops and supervision

Lecturer: The seminar leaders are *Petra Hilgers* and *Trupti Patel*, see *page 9*.

Assessment: Active Participation



Admission criteria

To be admitted to the programme:

- your home university must be a partner university of KSH Munich
- your English language skills are at least level B1
- German language skills are an asset and we recommend at least level A1. However, it is not a pre – condition

Application

First you need to be nominated by your university. After nomination you will be contacted by us with all further details. **Please note, that there are only 14 places available!**

Time schedule

Mobility Period: **25 September 2020 – 22 January 2021**

- Welcome Week: 25 September – 30 September 2020
- Lecture time: 01 October 2020 – 22 January 2021
- Winter Vacation: 18 December 2020 – 11 January 2021
- Bank Holidays: Oct 3, Nov 1, Dec 25 + 26, 2020; Jan 1 + 6, 2021

How to travel to KSH Campus Munich

- By airplane: Airport “Franz Joseph Strauss”, transport to city center (app. 30 min) with S-Bahn S8 to Ostbahnhof, then 10 min walking to Campus.
- By airplane: Airport “Memmingen”, transport ZOB Munich (app. 1,5h) with Flixbus, then with S-Bahn to Ostbahnhof, then 10 min walking to Campus.
(Please note, airport Memmingen is app. 120 km away from Munich!)
- By bus: ZOB Munich, with S-Bahn to Ostbahnhof, then 10 min walking to Campus.
- By train: main train station (Hauptbahnhof), transport with S-Bahn or U-Bahn 5 to Ostbahnhof, then 10 min walking to Campus.

Contact

For any questions / inquiries please contact us directly:

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