

**Summer Term 2024**

**Katholische  
Stiftungshochschule  
München**



University of Applied Sciences

## **Study Program**

# **Acting for sustainable development in societies** Theories, perspectives and creative methods

## **KSH München Campus Benediktbeuern**



### **About the program:**

**We offer you the opportunity to study with us in English in summer term 2024 – from March 13<sup>th</sup>, 2023 till June 30<sup>th</sup>, 2024 equaling 30 ECTS.**

**Through a combination of theoretical lectures, learning labs and excursions you will gain practical and theoretical knowledge of social work and education practices fostering sustainable development. Theoretical aspects are intertwined with the practical experience of outdoor education, methods of group work, creative arts and media. You will visit several social institutions and get to know their way of working. And you will get the chance to experience the beautiful alps!**



Together with fellow students from Germany and all over Europe, who have a shared interest in sustainable development in social work and education, you will participate in workshops and learning labs, that will give you the opportunity to experience alternative ways of learning. And together you will develop own creative ideas and projects relevant to practice. You will meet lecturers with various professional backgrounds, such as Social Work, Pedagogy, Psychology, Social Policy, Arts, Music and Outdoor Education.

## The Place to Be:

The KSH campus is located within a landmarked monastery run by the Salesian order. There are around 550 students within an inspiring surrounding nearby the mountains. There is active student life with



students well connected to each other profiting from a personal contact to the professors as well as staff members – best condition for becoming local.



The municipality Benediktbeuern is the place you will be living in for four months right next to the Bavarian Alps – a region that provides best opportunities for sports and cultural activities. The town of Benediktbeuern is 45 km South of Munich, the capital of Bavaria. An easy

train ride from one hour to experience a vibrant city with an international atmosphere and various cultural events. Exchange students will also profit from all services offered at the KSH campus in Munich.



## Course Description

<p><b>Module 1: Social Work as agent to foster sustainability in societies.</b></p> <p>This module gives an introduction into the subject of sustainable development and the meaning of social work for it. The students will get an overview of welfare systems, different fields of social work practice in Germany, relevant theories and approaches.</p>	<p><b>10 ECTS</b></p>
<ul style="list-style-type: none"> <li>• Sustainability and Social Work (L. Behringer), <b>Wednesday, 2-4pm</b></li> <li>• Social Work practice in Germany from a sustainable perspective (S. Walser) <b>Tuesday, 9-12am, every 2nd week</b></li> <li>• Social Welfare and Family Policy - A Swedish and German perspective (J. Christensen) <b>June, 13-15</b></li> <li>• Systemic Thinking and Approaches (A. Vossler) <b>May, 9-11</b></li> </ul>	
<p><b>Module 2: Methods for Working with Groups and Communities</b></p> <p>Promoting sustainability in Social Work also requires approaches and methods that focus on systems and structures. Social work has developed a rich repertoire for this purpose. In this module, students engage with different (creative) approaches and methods that help to promote the common good as well as the social well-being of individuals.</p>	<p><b>10 ECTS</b></p>
<ul style="list-style-type: none"> <li>• Solution focused communication (Bauer) <b>April, 18-20</b></li> <li>• Community Music (S. Inceel) <b>March, 21-23</b></li> <li>• Working close to the Edge (T. Magecha) <b>May 22-23, Thursday, 2.5. 4.45 – 9pm (Zoom)</b></li> <li>• Race, privilege and power (T. Magecha) <b>May 24-25, Thursday, 16.5. 4.45 – 9pm (Zoom)</b></li> </ul>	
<p><b>Module 3: Nature, Creative Arts, Media and Music</b></p> <p>This module is on the one hand a Learning Lab as a place and method of research-based learning, where students develop projects relevant to practice. Both teaching and practice partners benefit from "learning in dialogue" between students, teachers, those affected, subject experts and representatives of institutions. On the other hand, students have the opportunity to develop approaches to social work through their own creative activity and movement in nature, creative arts or music.</p>	<p><b>10 ECTS</b></p>
<ul style="list-style-type: none"> <li>• Media Workshop (A. Eberle) <b>Thursday, 2 – 5.30pm</b></li> <li>• Creative Workshop (K. Drescher) <b>Thursday, 7-10pm</b></li> <li>• Music in Social Work (F. Gierscher) <b>Wednesday</b></li> <li>• Environment Education</li> </ul>	



## Admission criteria

To be admitted to the programme:

- your home university must be a partner university of the KSH München
- your English language skills are at least level B1
- German language skills are an asset and we recommend at least level A1. However, it is not a pre – condition

## Application

First you need to be nominated by your university. After nomination you will be contacted by us with all further details.

## Time schedule

Mobility Period: 13 March– 30 June 2024

- Welcome Week: 13 March – 17 March 2024
- Lecture time: 18 March – 28 June 2024

## How to travel to KSH Campus Benediktbeuern

We recommend to download the App “DB Navigator”, it shows you all possible connections available.

- By airplane: after arriving at the airport “Franz Joseph Strauss” take the S-Bahn S8 to Munich Central Station (= Hauptbahnhof, travelling time app. 45 min), then take the regional train (= RB, travelling time app. 1 hour) to the train station Benediktbeuern (final destination: Kochel). After a 10 min walk you reach the campus. **Attention: The last S-Bahn leaves from the airport at 22:31pm. The first S-Bahn in the morning leaves at 04:33am.**
- By bus: after arriving at the ZOB Munich (= central bus station, the train station next to it is called Hackerbrücke) take a S-Bahn to the train station Tutzing (S6, 45min) or the train station München-Pasing (S3, 8min), then change to the regional train (RB) to Benediktbeuern (final destination: Kochel). After a 10 min walk you reach the campus. **Attention: the last S-Bahn leaves from the ZOB at 23:23pm. The first S-Bahn in the morning leaves there at 04:33am.**
- By train: after arriving at the Munich Central Station (Hauptbahnhof), take the regional train (= RB, travelling time app. 1 hour) to the train station Benediktbeuern (final destination: Kochel). After a 10 min walk you reach the campus. **Attention: The last regional train leaves from the Munich Central Station at 23:32pm. The first regional train in the morning leaves there at 04:53am.**
- In all three options, if you take a regional train after 20:30pm, you must change trains at the station Tutzing and take the next regional train directed to Kochel.

## Contact

For any questions / inquiries please contact us directly:

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