



Social Work: A Human Rights Based Approach

Katholische Stiftungshochschule München KSH München



We offer you the opportunity to study with us in **English** for one semester – from **September 27, 2021** till **January 21, 2022** gaining **30 ECTS**.

Social Work: a human rights based approach. You will study with KSH and international students from various European countries who have a shared interest in the human rights aspect of social work professions. You will meet lecturers with various professional backgrounds, such as social work, social policy, education, health, law, psychology, religious studies and social anthropology.

Munich is the city you will be living in during this period. It is the capital of Bavaria and is known as a beautiful and safe city. It has attracted international attention, because it is a lively urban centre with museums and concerts and is within easy reach of beautiful lakes and the Alps. During your stay the biggest beer festival, the famous Oktoberfest, will take place. December is known for its pre - Christmas atmosphere with various Christkindlmarkets. And not to forget the alpine skiing period starting around December.

Module 1 Social Welfare Systems



Module 1 Social Welfare Systems (5 ECTS and grade):		
Social Work Systems: History, Structures and Duties for Social Workers (S. Pankofer) 4.1	Monday 10:00 – 12:00	Virtuell
Revisiting the state, welfare and social assistance policies. Theories and practices in Europe and Latin America (M. Campana Alabarce / J. I. Allevi) 1.3C	Thursday 14:00 – 16:00	Virtuell
Module 2 Social Work in Germany (5 ECTS and grade):		
Social Work in Germany: Service Provision across the Spectrum of Needs (A. Gavrilina)	Thursday 08:00 – 12:00	Presence
Module 3 Social Practices (5 ECTS and grade):		
Working with Migrants in Munich (N. Mattarei) 4.2	Wednesday 08:00 – 10:00	Virtuell
Working with Survivors of Human Trafficking (M. Mildwater / A. Brandt Christensen) 5.3C	October 28-30	Presence
Module 4 Refugees / Migrants (5 ECTS and grade):		
Fortress Europe (A. Buck) 4.1	Wednesday 16:00 – 18:00	Hybrid
Working with Traumatized Refugees and Asylum Seekers (A. Rossi / J. Caruana) 5.3C	January 20 – 22, 2022	Presence
Module 5 Diversity (5 ECTS and grade):		
Intercultural Communication (V. Rolle-Green) 3.9	Monday 14:00 – 16:00	Hybrid
Social Work in Schools, Youth Work and Youth Social Work in Germany (Kathrin Beck) 1.3C	December 2-4, 2021	Virtuell
Module 6 Health (5 ECTS and grade):		
Introduction to Global Health: Perspectives for Social Work (N. Schmidt) 4.2	Wednesday 14:00 – 16:00	Virtuell
Mental Health: global and local perspectives and its impact for Social Work (Darren Hill) 5.3C	Tuesday 08:00 – 10:00	Virtuell



Sabine Pankofer

Social Work Systems: History, Structures and Duties for Social Workers

The introductory course is especially designed for incoming students to provide them with the needed knowledge of the German social system and Social Work profession in Germany, starting with the Social Work education and then going into professional self-conceptions in comparison to the Erasmus students' countries.

This course is preparing site visits offering theoretical bases. Therefore, in the course students will be familiarized with the German welfare system through a historical approach and the description and discussion of selected practical fields of social work and the roles of Social Workers, not least to compare them with other countries.

Assessment: 2 short written assignments (at the beginning and at the end of the term).

The seminar leader is Sabine Pankofer, Professor of Psychology at KSH since 1998, with a Master degree in Special Need Education, Psychology and Sociology and a PhD in Psychology. Since 2000 she works also as supervisor and is Head of the Mentorship program to become a coach / supervisor at KSH München.

Melisa Campana Alabarce / José Ignacio Allevi

Revisiting the state, welfare and social assistance policies. Theories and practices in Europe and Latin America

This seminar intends to promote a theoretical reflection among social work students on the core concepts and debates that problematize the state and its policies, especially the ones referred to social assistance strategies. Comparisons between state practices in Europe and Latin America will deepen their reflections.

Through dialogue, debate and reflections, we will stimulate participants to think and comprehend the complexity of the state; recognise core concept and debates that structure public social assistance policies; and reflect on their own relations with the state as future professionals as well as policy makers and stakeholders.

By the end of the seminar we will have promoted a critical point of view on the State as a field of professional practice; reflected on the contents and complexity of social policy; deepened historical insights that help to comprehend the current state of welfare in Europe and Latin America; acknowledged some of the main transformations that neoliberalism has introduced in the subjectivity and state organizations; and embrace the possibilities that social work has to critically intervene in our societies.

Assessment: Active Participation

Melisa Campana Alabarce is a Principal Professor at Social Work School (National University of Rosario, Argentina) since 2006, with a PhD in Social Work. She is an Associated Researcher at the National Council of Scientific and Technical Research (CONICET, Argentina). She leads the Research Centre on Governmentality and State and is the Principal Editor of *Cátedra Paralela Journal*.

José Ignacio Allevi is an Assistant Professor of social theory at the National University of Rosario since 2015, with a Master degree in Social Sciences and a PhD in History. Since 2020, he holds a researcher position at the National Council of Scientific and Technical Research (CONICET, Argentina).



Andrea Gavrilina

Social Work in Germany: Service Provision through the Spectrum of Needs

This course is designed to introduce Erasmus incoming students to Social Work agencies offering various kinds of support to service users. Through organized site visits, students will learn how to prepare site visits through research, pre-visits and interviewing people; present social service provision providers in Munich to fellow students and exchange national and local perspectives. After the seminar, students will be familiar with social work across the spectrum of needs in Munich.

There will be site visits to institutions such as a centre for the Elderly, Munich City Social Services, a Youth centre, a temporary accommodation centre for asylum seekers, a drop-in-centre for drug users, assisted housing for people with handicaps, a shelter for homeless people, a Hospice, an NGO offering outreach support for children / young adults and their families, as well as a drop-in centre at Munich main station for first support.

Assessment: organizing site visits and presentations.

The seminar leader is Andrea Gavrilina, a visiting lecturer and Head of the International Office at KSH München. She received her Master degree from Hamburg University in Social Anthropology with field work experience in the Republic of Armenia. Before joining KSH München in 2008, she was working as Long Term Observer for the OSCE in the Republic of Armenia, the Republic of Georgia and the Russian Federation, as Community Services Officer for UNHCR in the Russian Federation as well as Quality Assurance Officer for the Refugee Council in London/UK.



Norma Mattarei

The Social-Cultural Situation of Migrants in Munich and Social Services in the City

Each year, thousands of migrants come to Germany searching for jobs and looking for a better future. When they arrive, they have many economic and social problems to solve: they need a flat, a job, a German course, and social contacts. In this seminar, we will analyze all these relevant theoretical and practical aspects. We will explore various kinds of social services, educational supports and other activities that are available to them. We will look into interesting and innovative models, for example networks between established migrant communities and newcomers: Sociological aspects covered are: Family, work and social networks: challenges+possibilities, the role of cultural identity in the new country; getting established in Germany: between welcome and racism.

Assessment: Presentation and written essays

The seminar leader is Norma Mattarei, a Sociologist with a PhD from the Università di Trento. She is the Head of the "Academy of Nations", a network body lead by Caritas Munich, which develops concepts for integration and intercultural projects. She has longstanding experience in working with migrants in the advice sector as well as working with various stakeholders from the political level of the City of Munich. She publishes scientific articles in pedagogical magazines and books.

Anne Brandt-Christensen / Michelle Mildwater

Social Work and Human Rights: Human Trafficking

Social work's mission is to enable all people to develop their full potential, enrich their lives, and prevent dysfunction. As such, social workers are change agents in society and in the lives of the individuals, families and communities they serve. Therefore it is fundamental for social workers to be familiar with international human rights declarations and conventions as common standards of achievement for the global community. In this seminar, we will especially look into HUMAN TRAFFICKING as an expanding field of mandate for social workers. Trafficking in persons is a serious crime and a grave violation of human rights. Every year, thousands of men, women and children fall into the hands of traffickers, in their own countries and abroad. Almost every country in the world is affected by trafficking, whether as a country of origin, transit or destination for victims.

Assessment: Active Participation

Anne Brandt Christensen, a B.A. and M.A. holder in Law has worked in the anti-trafficking field since 2007, including for the Danish Red Cross, and is recognized as an expert in the field nationally as well as internationally. She was awarded the European Crime Prevention Award in December 2014 for work through the non-profit anti-trafficking NGO HopeNow which she chaired for eight years and nominated in 2016 by the Danish government as an expert for GRETA under the Council of Europe.

Michelle Mildwater is director of the grass roots anti trafficking NGO HopeNow Copenhagen which she founded in 2007. She represents Denmark in Brussels twice a year at the EU civil society platform which combats Human trafficking, has a degree in teaching from London University and is a certified trainer in different branches of psychotherapy including trauma therapy.



Alexander Buck **Fortress Europe**

Since the 19th century, Europe is a destination for migrants and refugees and especially Germany located in the middle of Europe. The pictures of thousands of refugees arriving in Germany in summer 2015 being well perceived were broadcasted all over the world. But the situation in Europe and Germany has changed: the so called “Welcome Culture” shifted to a rather populist and nationalistic attitude. Right-wing parties all over Europe try to establish a “Fortress Europe” by introducing restrictive laws, playing negative propaganda against migrants and refugees using racist paroles triggering confusion and fear among people. This seminar is analyzing the recent development of the mixed migration flow and its impact on Europe and explores the crucial role of Social Work professions addressing the needs of migrants and refugees.

Assessment: Presentation and written essays

Alexander Buck is the Head of the “Frans van der Lugt Project”, a shelter for asylum seekers in Munich, run by the Jesuit Refugee Service (JRS) Germany. He studied Social Work at KSH and received his Master degree in philosophy from the Jesuit “Hochschule für Philosophie”. For more than 25 years, he is a lecturer at the KSH in the fields of Social Work, Media Literacy and Education, Philosophy and Migration.

Alexia Rossi / Julian Caruana **Working with Traumatized Refugees and Asylum Seekers**

This course will equip students with an understanding of the phenomenon of becoming a refugee through a presentation of the push factors in countries of origin and of the treacherous journey forced migrants embark on in search of refuge. This course will also introduce students to the construct of trauma and provide them with the opportunity to familiarise themselves with the root causes of traumatisation in the refugee experience and how traumatic exposure may impact these individuals’ lives. The second part of the course will involve the teaching of aptitudes and skills that would enable students to identify, engage with and respond effectively to traumatised refugees they may encounter in their work.

Assessment: Active Participation

Alexia Rossi holds a B. Psychology (Hons) and a Master’s Degree in Human Rights and Democratization from the University of Malta, a Certificate in Global Mental Health, Trauma and Recovery from Harvard Medical School and obtained her PhD in Counselling Psychology from London Metropolitan University. She has worked in various fields including primary and secondary care, specifically within the fields of migrant mental health and child & adolescent mental health in both governmental and non-governmental settings and is a Senior Visiting Lecturer at the University of Malta.

Julian Caruana graduated with a Doctorate in Counselling Psychology from London Metropolitan University and has worked in various fields including primary and secondary care, migrant mental health, paediatric oncology, substance abuse and child & adolescent mental health. Julian is currently the Psychosocial Team Coordinator at the Jesuit Refugee Service, Malta. Julian is a senior visiting lecturer with the Department of Psychology at the University of Malta and has experience of providing training and consultation both locally and overseas, in the field of trauma and migrant mental health.



Veronika Rolle-Green ***Intercultural Communication***

This course is aiming at KSH students interested in developing intercultural awareness as well as Erasmus incomings studying at KSH. The course offers students ample opportunity to actively develop their personal intercultural competences as well as develop their understanding of its relevance for their future professional path. A highly interactive mix of small group work, role-plays, personal reflection, simulations and expert input will ensure intensive learning.

Topics covered will include:

Culture shock and strategies to overcome challenges when integrating into a new cultural environment; awareness& perception as keys for intercultural understanding personal cultural influences; looking at personal life journeys and cultural influences, learning styles across cultures; understanding different expectations towards authority and knowledge transfer, effective intercultural communication and conflict resolution in an intercultural context.

Veronika Rolle-Green, M.A. Chinese Studies, trained consultant with extensive working experience for global organizations and international university programs in the area of leadership, team cooperation, communication, personal development and intercultural competence.

Kathrin F. Beck ***Social work in schools, youth work and youth social work in Germany***

Social work in Germany is practiced in various contexts and with different target groups, e.g. children, minors and families, elderly people, people with disabilities and those affected by special life circumstances, including exclusion, indebtedness and homelessness. This course provides an introduction to social work in schools, youth work and youth social work in Germany. It is interactive and comprises lectures, recommended reading, group work and reflection exercises.

Through dialogue, debate and reflection, participants will be stimulated to

- identify, compare and contrast similarities and differences between the different areas of work and with their home country
- reflect on their own perceptions of violence.

By the end of the course, we will have

- clarified the foundations of the different areas of work (e.g. target groups, work methods and legal foundations);
- gained deeper insights into different violence developmental theories and forms of violence in adolescence and in schools (e.g. bullying and school shootings) as well as possibilities to prevent violence and to intervene in situations of conflict that have already escalated.

Assessment: Active participation.

The seminar leader is Kathrin F. Beck, Professor of Youth Work and Social Work in Schools at KSH München. She has worked as a school social worker in various types of school, as an adjunct lecturer at several German universities and as a lecturer within a deputy professorship at the Leipzig University of Applied Sciences. She completed further training to become a Crisis and Prevention Manager in Schools at the IPBm in Frankfurt am Main. She is particularly interested in cross-national comparative research in social work, social work in Europe, social work in schools, youth work and youth social work as well as Green Care.



Nicole Schmidt

Introduction to Global Health: Perspectives for Social Work

This course provides an introduction to global health including: the determinants of global health disparities; the role of key actors; and the outcomes of public or community health interventions.

During the course speakers from a multidisciplinary group of professionals will be invited to present projects addressing key challenges and opportunities in the field of global health (focusing on women's health). Additional students will engage in a group work to gain a better understanding how the social determinants of health contribute to health inequalities in Germany and other European countries.

Assessment: To be announced in the course

Nicole Schmidt, Professor of Medicine at KSH München, is an obstetrician and gynecologist from Germany, with a master's degree in public health from the Harvard School of Public Health. She worked in maternal and child projects in Kenya, the Dominican Republic and in Bolivia. She is particularly interested how to improve access to sexual and reproductive health services for women globally. Currently she is involved in a cervical cancer project in the Northern Region of Cameroun.

Darren Hill

Mental Health: global and local perspectives and its impact for Social Work

This seminar aims to introduce students to the context of global mental health and local social work practice. Students will be introduced to models of practice, critical theory and social policy relating to mental health.

Through dialogue, debate, and reflections, we will stimulate participants to:

- Think and comprehend the complexity of the mental health.
- Recognise core concepts, models and methods of intervention when working with mental health, with an emphasis on the concept of trauma informed practice.
- Reflect on their own thinking around mental health, stigma, and their professional role as social workers.

By the end of the seminar students will be able to:

- Demonstrate a critical and sophisticated understanding of the global political and economic forces that shape contemporary mental health.
- Critically articulate and understand the knowledge and methods required when working with people experiencing trauma and mental health crises.
- Enhance their understanding of mental health and explore the importance of the social model of intervention in mental health social work practice.

Assessment: Active Participation

Dr. Darren Hill the Reader in Social Work at Leeds Beckett University (United Kingdom). Within his current role Darren lectures on the social work, youth and community work, and nursing undergraduate and postgraduate awards at Leeds Beckett University. Darren has a particular research interest in social relationships and critical theory within community based social work practice. He is also interested in comparative social work practice across Europe and is engaged with exploring alternative social work communities of practice such as 'street work'.

Admission criteria

To be admitted to the programme:

- your home university must be a partner university of KSH Munich
- your English language skills are at least level B1
- German language skills are not required but we recommend arriving with A1.

Application

First you need to be nominated by your university. After nomination you will be contacted by us with all further details. **Please note, that there are only 14 places available!**

Time schedule

Mobility Period: **27. September 2021 – 21. January 2022**

- Welcome Week: 27. September – 03. Oktober 2022
- Lecture time: 04. October 2021 – 21. January 2022
- Winter Vacation: 18 December 2021 – 09 January 2022
- Bank Holidays: Oct 3, Nov 1, Dec 25 + 26, 2021; Jan 1 + 6, 2022

Contact

For any questions / inquiries please contact us directly:

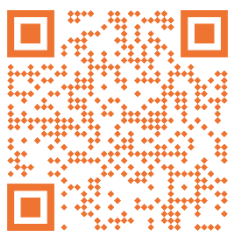
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Erasmus student at KSH München

get inspired by those who already studied with us

Fall Term 2019/20



Fall Term 2020/21

